



# Momentum Mindset Coaching Delivered by VLM

Are you ready to create positive transformational change in your business or leadership career?

**Is your business struggling to achieve lift-off and GROW?**

**Are you feeling FRUSTRATED or STUCK in your leadership role and want to gain more momentum?**

**Are you ready to progress to the NEXT LEVEL OF SUCCESS?**

**Momentum Mindset Coaching will change everything.**

In over a decade of coaching executives, advising businesses and educating individuals, one theme emerged stronger than any other

***"If you always do what you've always done, you'll always get what you've always got."***

Great, if it's making you happy or making your business profitable and successful... But, and it's a big but, what if you feel you could do more, or your business could do better?

Our flagship Momentum Mindset Coaching uses a tried and tested framework designed to enable you to gain clarity, explore new directions and break free of the gravitational pull of negativity and uncertainty. The weekly accountability touchpoints create lasting transformational change. We help you achieve your goals and create the freedom to do what you want to do and be who you want to be. Are you ready?



**Vicki Main**

**Life comes at you fast. Get ahead of it.  
Book in for your free 15-minute discovery call  
to back yourself and take your success to the  
next level.**

## Momentum Mindset Coaching delivered by VLM includes:

- A 6-month program that kicks off with an Entrepreneurial Mindset Profile® (EMP) assessment and interpretation of your results. Discover how to leverage your greatest entrepreneurial strengths and optimize future opportunities.
- Five 1 to 1 monthly coaching sessions (60 minutes each) to support you build a personal action plan for success. These are either face to face or online subject to availability.
- Access to inspirational videos, templates and additional resources to help you on your VLM Momentum Mindset journey.
- Weekly check ins by phone for solid accountability

## About Vicki Main - Founder of VLM Training and Coaching Specialists

Award winning Lecturer, Author, and Master Trainer of the Eckerd College Entrepreneurial Mindset Profile (EMP), Vicki has developed a range of powerful and practical coaching and training programs. To date she's supported over 2500 entrepreneurs and coached several hundred more to achieve impactful results.

With 20+ years spent in corporate, training and leadership roles, Vicki has extensive expertise in helping small business owners and leaders to create transformational change.

**Cost:**  
\$3999 (Australia) | £2499 (UK)  
\*Payment plans available.